# Cookery: Spice Mix MasterClass

10:00

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Join us for this relaxing and fun workshop where we will learn about Indian Spices and create your own Masala mix. Whether you would like to learn new creative skills or to investigate the possibility of a new food -based career, MAE Community Learning courses can provide you with a stepping stone to progress.

Start Date: 01 February 2025 You will be welcomed into the studio by our professional tutor, who will guide Start Time: you through the process of creating your own masala blend; grinding spices, Lessons: working out a balance of flavours and how to use your mixture in your cooking. Weeks: You will leave the class with a pot of your own masala blend and range of ideas

1 Hours: 2.00

All materials are included in this great workshop.

## Venue

Rochester Adult Education Centre Rochester Community Hub Eastgate ME1 1EW

#### What will I learn on this course?

Learners will:

on how to use it.

- 1. Demonstrate an understanding of the correct H&S requirements in the studio as set out in the MAE ground rules/ learner contract.
- 2. Work out flavour blends to apply to your mixture.
- 3. Produce a pot of masala blend.

### Is this course suitable for me?

Suitable for all

## Is there anything else I need to know about the course?

All materials and use of equipment is included in the course fee.

# What could I go on to do after this course?

Your tutor can talk to you about other subject related course available.

Medway Adult Education works with many partners locally such as MidKent College, Medway School of Arts and the University of Kent; information about their courses can be found in our studios, café and on Moodle. Medway has an exciting and wide-range of events, exhibitions and activities to inspire and help you make further progress - please see the community noticeboards in the Rochester Centre and again on Moodle. Your tutor will be able to talk through with you individual progression options.

If you wish to explore your learning, work or career options, you can speak to a fully trained careers advisor on 0800 100 900. https://nationalcareersservice.direct.gov.uk

If you need further advice please telephone 01634 338400.

# **Attendance Policy**

This is one session course- please attend for the duration of the lesson. If you enrol and then cannot attend please inform us as soon as possible so that your place can be given to someone else.

## How are digital skills used and enhanced on this course

You may look at online research.

## **Health and Safety**

## Health and Safety Disclaimer

By participating in the live class you accept that you understand that cooking involves potentially hazardous tools and equipment and that such activity carries the risk of injury. You understand that it is your responsibility to judge your motor skills and physical ability.

It is your responsibility to ensure that by participating in classes and activities from Medway Adult Education, you will not exceed your limits while performing such activity, and you will select the appropriate level of task for your skills and abilities.

You understand that this is a cooking activity and you will need to be suitably dressed and be mindful of the correct Health & Safety processes when working with sewing equipment .MAE is not responsible for damage to items in your house / home or person.

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